

ILENDE NA BENGGA

ABCdaire Benga

**Cet ABCdaire a été réalisé par la
C.I.E.A.T.L.G. en collaboration avec la
communauté Benga**

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BENGGA
ESTUAIRE, Gabon
2026

Benga
NORD, ESTUAIRE, Gabon



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D'UTLISATION DE CE DOCUMENT.

a

A



bana

ba

a

bana, ebonga, elinga, jata, ukana,
belinga bea bana, ebonga o manga,
Jaye alandi o muanga.

a

A

bana

BANA

b

B



mabomba

bo

b

bamo, e**b**oke, bwalo, mab**b**omba,

bamo o bwalo, e**b**oke na eb**b**oki,

Benjanja a **b**etakandi o **b**e.

b

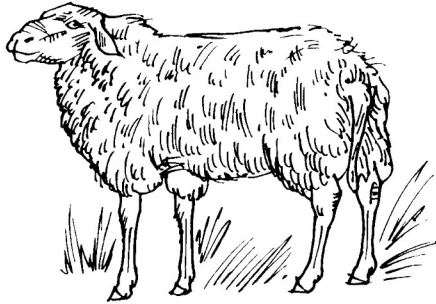
B

mab**b**amba

MAB**B**AMBA

d

D



u**d**ombe

do

d

diho, **d**ingo, ijadi, indende, ukudi,
diho ja e**d**uka, **d**ingo pyele na i**d**ango,
U**d**ombe a **d**ibindi **d**iho jaju.

d

D

u**d**ombe

UDOMBE

e

E



igombengombe
mbe

e

bengumbe, ekândo, eno, mepenjo,
ekâno ya etomba, maleva ma emeno,
Egombe ya bengumbe epândi.

e

E

eno

ENO

ε

ε



beɛbu

lɛ

ε

ivɛnda, fɛti, pɛmbɛ, sɛngɛ, nyɛtɛti,
nyɛtɛti ja ivendâ, pɛmbɛ ja fɛti,
Fɛti na Ijawɛ ba jakwɛndi.

ε

ε

beɛbu

BEɛBU

f

F



fula

fu

f

fato, efũ, fula, ifunda, fɛti,
fato ya fɛti, ifunda ja efũ,
Feti ndi aduwe efũ.

f

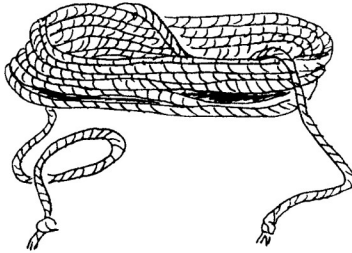
F

fula

FULA

g

G



ugulu

gu

g

hanga, honge, makengo, Tango,
makengo ma uganga,
diyango oba ya ulega,
Uganga a jingakandi Tango.

g_____

G_____

ugulu_____

UGULU_____

h

H



hako

ha

h

behadi, ehavu, ehiki, hova, ihwemiye,
hako o ehiki, ehiki ya hova,
Ihambe ahakandi ehehe.

h

H

hako

HAKO

i

I



inâni

ni

i

bovindo, diba, ipikiliya, miba, udika,
inâni o miba, ihely o udika,
Ihely amâtokondi o miba.

i

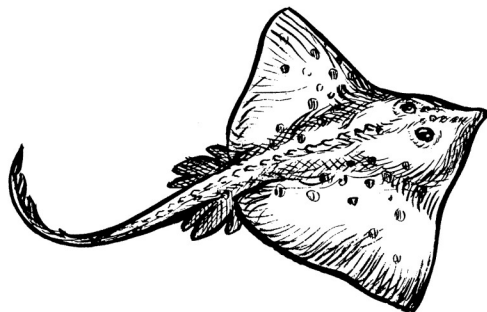
I

inâni

INÂNI

j

J



ejaka

ja

j

jomu, ijela, jemi jebo jumba, jâmba,
ejaka o jâmba, ijela ja jebo,
Ejaka ajakwendi o jâmba.

j_____

J_____

ejaka_____

EJAKA_____

k

K



kema

ke

k

ekayi, ituka, kolo, mboka, ukiyo,
ekayi ya kema, ukabo o mboka,
Kema ajakandi ekayi.

k

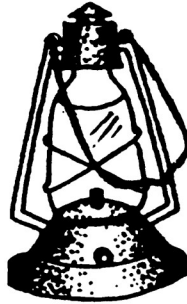
K

kema

KEMA

I

L



lambi

la

I

baliyi, elahe, lembo, molo, mulema,
lembo la mulema, elandi ya malale,
Elahdi ya metolo e dilakandi.

I

L

lambi

LAMBI

m

M



mepenjo

me

m

buma, mabe, manga, Umamo,
mepenjo mea umamo,
unamba mua mbamba,
Umamo amotâkondi miba.

m

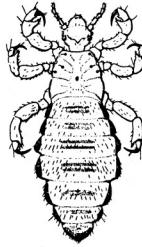
M

mepenjo

MEPENJO

n

N



nina

ni

n

enamy, inâni, nengue, unamba,
inangiya oba ya unamba,
inâni o nengue,
Inoni janangiyendi o nengue.

n

N

nina

NINA

O

O



koho

ho

o

evondo, koho, momo, oba, ulombo,
koho oba ya ele, momo na toko,
Momo andi molo mwa ndabo.

o

O

koho

KOHO

â

Â



ukâtâ

kâ

â

âve, betâkâ, ibâto, uvândâ, viyâ,
ekayi ya uvânda, ibâtâ ya betâkâ,
Kâmbwue atândâki betâkâ bya ju.

â

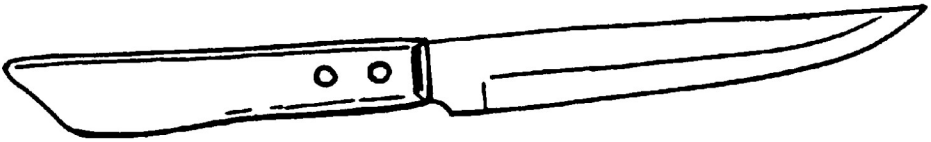
Â

ukâtâ

UKÂTÂ

p

P



pavo

pa

p

paya, epape, ipaha, tapolo, upopa,
pavo ya paya, upopa moa pɛɛ,
Upopa mwa pɛɛ undi ibati ja epape.

p_____

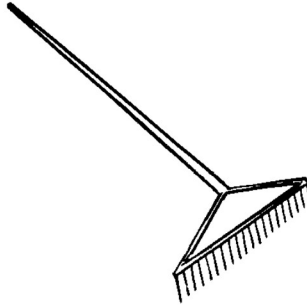
P_____

pavo_____

PAVO_____

r

R



reki

re

r

korowa, ragui, reki,
korowa na ragwi,
reki erekakandi ragui,
Korowa endi o ibati ja ragui.

r

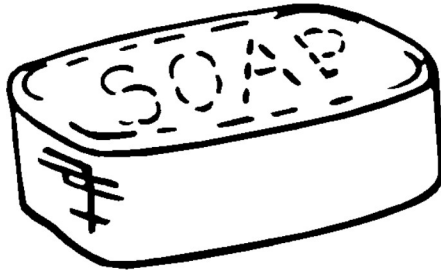
R

reki

REKI

S

S



sago

sa

s

esagani, usevo, senge, usasa, ngwese,
senge ya ngwese, sago o senge,
Usâko asagakandi usupu.

s

S

sago

SAGO

t

T



ditâ

tâ

t

etomba, itâtâ, tagulu, tito, utumbe,
tagulu ya etomba,
utumbe oba ya tagulu,
Tagulu evalindi na etomba.

t

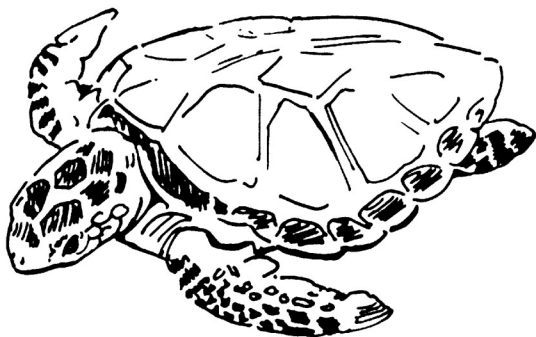
T

ditâ

DITÂ

u

U



kudu

ku

u

ekulu, iyejudwe, obuhwa, upolo,
utumbe mwa upolo, kudu o ukodi,
Upolo uvulindi kudu.

u

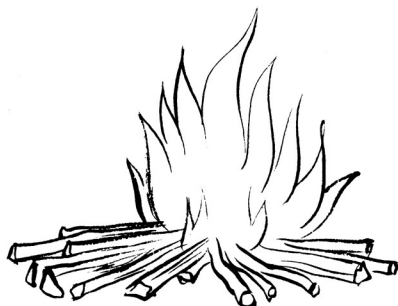
U

kudu

KUDU

V

V



veya

ve

v

divyo, ivaha, pavo, uvango, vyanga,
pavo ya ivula, ivaha baka na viho,
Ivula ja o vyonda y vakandi.

v

V

veya

VEYA

W

W



ewaha

wa

w

bojowa, howe, imuwa, mahuwa,
howe ja mwana, imuwa ja o ehiki,
Mwana awahakandi twetwe.

w

W

ewaha

EWAHA

y

Y



yemi

ye

y

paya, peya, yemi, uyamu, uyokudi,
peya ya yeye, yemi ya paya,
Yeye ayokâlakidendi uyokudi.

y_____

Y_____

yemi_____

YEMI_____

mb

MB



mbadi

mba

mb

mbalanga, **mb**embo, **mb**iya, **mb**onga,
ekom**ba** ya mwajo, **mb**onga ja Ekom**ba**
Mbembo anum**b**akandi na **mb**amba.

mb

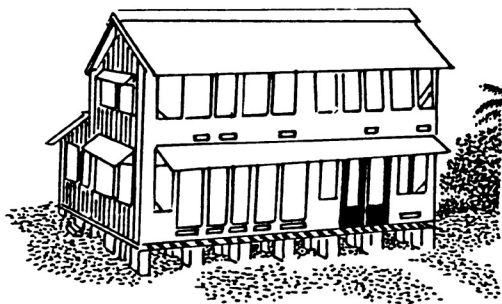
MB

mbadi

MBADI

nd

ND



ndabo

nda

nd

mando, **ndaga**, **ndindo**, **ndumba**,
ndumba ya mando, **ndabo** ya Ndembo
Ndabo ya Ndembo endi na **ndindo**.

nd

ND

ndabo

NDABO

ng

NG



ngânde

ngâ

ng

sango, ngâmbi, ngângâ, ngebe,
sango ya uganga, ngâmbi ya Ngânde,
Uganga ayongakendi ngânde.

ng_____

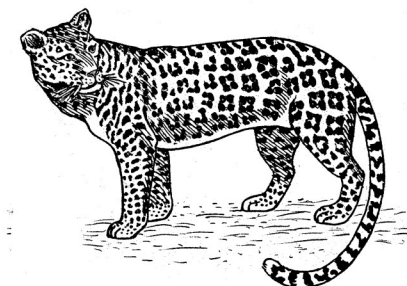
NG_____

ngânde_____

NGÂNDE_____

nj

NJ



njâ

njâ

nj

mbaja, **nja**, **njea**, **njali**, **njândo**,
njândo ya ujanji, mbanja ya **njâ**,
Njanji ajanjakandi na **njândo**.

nj_____

NJ_____

njâ_____

NJÂ_____

ny

NY



nyɛtɛti

nyɛ

ny

anyambe, manyakwe, nyanda,

nyuwa o nyembwe,

manyakwe na nyândâ,

Nyâmbâ a yambakandi nyuwa.

ny_____

NY_____

nyɛtɛti_____

NYɛTɛTI_____

